



DID YOU KNOW? SNAP FAST FACTS

The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, is the largest and most effective hunger relief program in the U.S.



SNAP helps 1 in 8 low-income Americans.



For every 1 meal a food bank provides, SNAP provides 9.



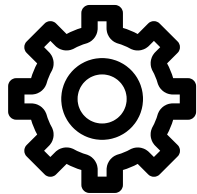
88% of participants are elderly, children or people with a disability.



The average SNAP benefit is about \$6/day per person with some only receiving \$24/month.



SNAP boosts local economies, helping ensure jobs and nutritious food at local retailers.



Most SNAP participants who can work do so, but many are in low-wage or unstable jobs.



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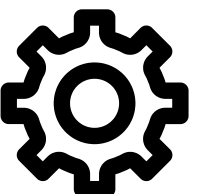
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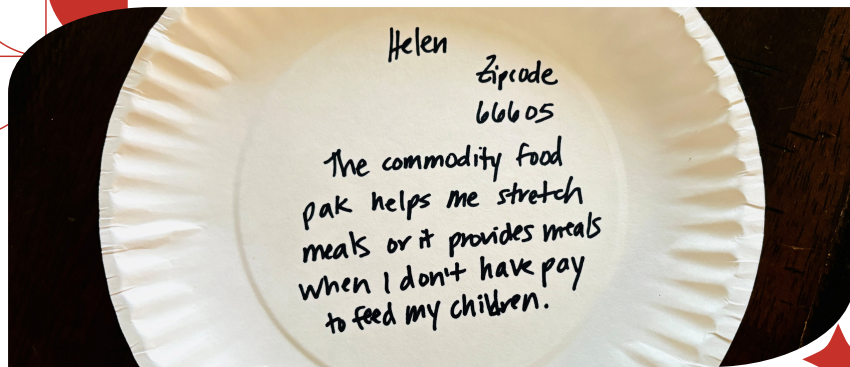
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CALL TO ACTION

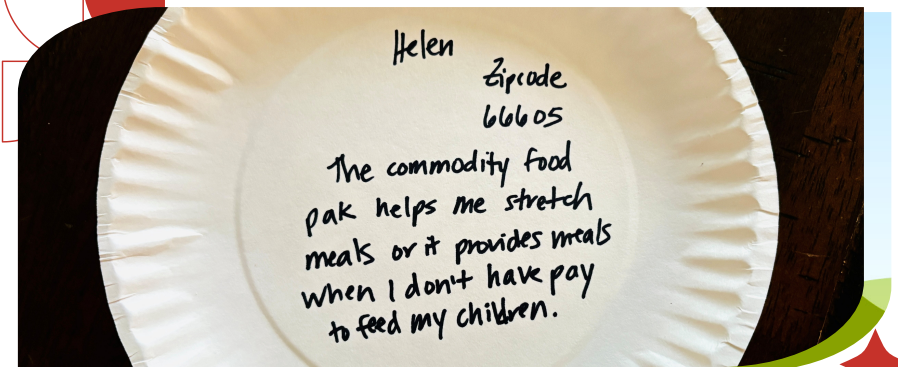
Feeding the hungry is a deep expression of our faith and values. It reflects our commitment to justice, mercy and love in action. Here are some action items we can take to fight hunger in our congregation and community.

STORY SHARING

There is power in sharing stories and challenging assumptions about who benefits from food assistance. Whether you are a SNAP recipient, advocate for food justice, volunteer or staff at a food bank or pantry, sharing your story matters! Visit <https://bit.ly/4o5Qc5C> to share your story with the Great Plains Conference of the United Methodist Church.

CHRISTMAS OFFERING TO FOOD BANK/PANTRIES

As a local church, determine your nearest food pantry and/or food bank and commit to donating this year's Christmas offering as a means of addressing food insecurity in your community. Even though SNAP benefits have resumed, due to the government shutdown, food banks and food pantries are severely backlogged. Also, due to federal budget cuts to SNAP, there will be more neighbors in your community experiencing food insecurity in the near future.



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