

# Healthy Congregations Program Orientation Pre-work Survey | Print Version

Your name:

Church name, including city and state:

Scheduled training date (if known):

Trainer: Katie Schoenhoff

Pre-work completion checklist (use as desired to keep track of progress)

Survey Sections	Completed?	Notes
1. <a href="#">Themes in the Data</a>		
2. <a href="#">Identifying Gaps and Opportunities</a>		
3. <a href="#">Identifying Key Assets and Gifts</a>		
4. <a href="#">Team Energy and Strengths</a>		

## Instructions:

Ahead of your scheduled training time with Katie, please view the training video and, when prompted, pause to complete the survey questions for that section. You can then resume play where you left off. Once finished, please enter your responses online at <https://healthfund.org/a/hct-pre> or email this document, including your survey responses, to Katie [katie@healthfund.org](mailto:katie@healthfund.org) and be prepared to discuss with Katie and your team during the live session.

Full video from start: [2025 Healthy Congregations Program Orientation on Vimeo](#)

Links to main video sections, with timestamps for individual items:

## [Basics](#)

- 1:10 Health Fund Background
- 2:21 Health Fund Background, continued
- 3:05 Why is the UMC Involved in Health Ministry & Community Engagement
- 4:18 What is Healthy Congregations?
- 5:03 What is Healthy Congregations? (continued)
- 5:55 Program Overview

## [Healthy Congregations Program Components](#)

- 7:05 Core Components of Healthy Congregations
- 7:50 Core Components
- 9:43 Discovery: Planning, Action, Reflection Cycle
- 11:41 Special Grant Opportunities
- 13:39 Program Timeline

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### [Health Ministry Team Development](#)

- 16:12 Building a Successful Health Ministry Team

### [Guided Discovery and Exercises](#)

- 18:44 Social Drivers of Health
- 21:34 Annual Process Overview: Discovery
- 23:29 Annual Process Walkthrough: Use Data
- **30:59 Break - View Data for Your Community**
- 31: 56 Discussion: Data - Themes in the Data
- **34:17 Break - Fill Out Data Themes Survey**

#### DATA THEMES SURVEY QUESTIONS

*What key insights and/or themes to you notice in the data?*

*Were there elements that surprised you?*

*Were there elements that validated your perceptions of opportunities and gaps in your community?*

*Were there aspects of the data that made you feel proud of your community or reminded you of God's blessings?*

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### [Resume Guided Discovery and Exercises Section](#)

- 34:36 Discussion: Data - Identifying Gaps and Opportunities
- **36:02 Break - Fill Out Gaps and Opportunities Survey**

#### GAPS AND OPPORTUNITIES SURVEY QUESTIONS

*What gaps and opportunities exist in our congregation and community?*

*Are there any insights that challenge or convict us to do more as a congregation?*

*How do these insights align with the congregation's mission and values?*

*How can this information shape our ministry to better meet community needs?*

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### [Resume Guided Discovery and Exercises Section](#)

- 36:04 Key Assets and Gifts
- 40:22 Break - Reflect on Key Assets and Gifts

[REFLECTION TIME – NO SURVEY QUESTIONS DURING THIS BREAK]

### [Resume Guided Discovery and Exercises Section](#)

- 40:32 Identifying Key Assets and Gifts
- 41:50 Break - Fill Out Assets and Gifts Survey

#### KEY ASSETS AND GIFTS SURVEY QUESTIONS

##### Recognizing Gifts

*What individual talents within the congregation stand out to you?*

*How might these skills be used to serve the community or deepen our ministry?*

##### Partnerships and Collaboration:

*What local organizations or resources could be potential partners in our ministry work?*

*How can we build relationships with these partners to benefit the community?*

##### Maximizing Physical Assets:

*How can we use our church spaces creatively to serve the community?*

*What unused or underutilized resources within the congregation might be leveraged for outreach?*

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### [Resume Guided Discovery and Exercises Section](#)

- 42:00 Considerations: Gifts and Gaps
- 44:15 Team Energy and Strengths
- **44:34 Break – Fill out Team Energy and Strengths Survey**

#### TEAM ENERGY AND STRENGTHS SURVEY QUESTIONS

*What topics or areas excite and energize you?*

*How could we use our team's strengths to support these areas?*

### [Finish Guided Discovery and Exercises Section](#)

- 44:42 A Multi-Level Approach to Success

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