

# Faith in Democracy: Introductory Webinar with Q&A

June 3, 2021



# Important Upcoming Deadlines



## Renewal (HC report, Needs Assessment, and Workplan)

- Due June 30<sup>th</sup>

## Additional office hours and HC group share to help with renewals

- Email Judy Johnson [jjohnsto@kumc.edu](mailto:jjohnsto@kumc.edu) to schedule an

Tuesday, June 3	10 a.m.–noon	1–3 p.m.	4–6 p.m.
Thursday, June 8	10 a.m.–noon	1–3 p.m.	4–6 p.m.
Wednesday, June 16	10 a.m.–noon	1–3 p.m.	4–6 p.m.
Monday, June 21	10 a.m.–noon	1–3 p.m.	4–6 p.m.
Tuesday, June 29	10 a.m.–noon	1–3 p.m.	6–8 p.m.

- HC Group Share on June 23<sup>rd</sup> 5:00pm-6:00pm

Please RSVP on our website at [healthfund.org](http://healthfund.org)

# HC Monthly Communications



February 8, 2021

## 2020: A Year of Challenges and Change

Good afternoon, Healthy Congregations Churches - we hope your 2021 is off to a good start.

While 2020 was a memorable and challenging year, the impact made by Healthy Congregations Churches was significant.

Healthy Congregations churches played a critical role in improving congregational and community health through a variety of ways such as hand making masks for first responders, providing meals to families suffering from job loss, and finding new ways to worship together.

Thank you for your dedication and hard work - you give us hope for a better year and new opportunities.

### By the Numbers: Healthy Congregations 2020

2 New Bike Share in a Box community bike share programs	3 New Big Garden community gardens, New Giving Grove community orchards
10 Participating in the 2020 Good Neighbor Experiment cohort	15 New churches joining Healthy Congregations
40 Supporting civic engagement through Faith in Democracy	48 Supporting pandemic response efforts with COVID-19 grants

## What's Next for the Healthy Congregations Program

As we reflect on how we can best support your health ministry, we are guided by the feedback from your 2020 survey responses. As a result, we have made a few changes to improve the Healthy Congregations program:

### Healthy Congregations Certification Training

In one of the biggest changes, certification training is moving from a per-course scheduled meeting approach to a self-paced, online format featuring on-demand video training and practice exercises, combined with live help and guidance from Judy. Starting mid-month, the Healthy Congregation training can be done at participants' convenience using an online platform designed to:

- Make training more accessible
- Give teams practice and support with completing program requirements
- Allow teams to train new team members quickly

Stay up-to-date with the HC program!

- Upcoming events
- Success stories
- Important dates

# Join Healthy Congregations!



## Healthy Congregations Program

- Open to all Great Plains Conference UMCs
  - Team training
  - Technical assistance
  - \$1,000 annual health ministry funding
  - Access to special grant opportunities
- Healthy Congregations Annual Retreat
- Intersections of Faith and Health



# Program Requirements



- Complete the sign-up form
  - Only requirement for eligibility in accessing special grants
- At least 3 team members and lay led
- Core Training completed by at least 3 team members within two years of sign up
- Annual renewal

# Healthy Congregations Special Opportunities



Big Garden community gardening startup/expansion

Bike Share in a Box

Faith in Democracy (Voter Engagement)

Financial Health Education

Giving Groves

Good Neighbor Experiment

Mental Health First Aid

Strengthening Families Program

Summer Food Service Program



## Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
<ul style="list-style-type: none"> <li>• Employment</li> <li>• Income</li> <li>• Expenses</li> <li>• Debt</li> <li>• Medical bills</li> <li>• Support</li> </ul>	<ul style="list-style-type: none"> <li>• Housing</li> <li>• Transportation</li> <li>• Safety</li> <li>• Parks</li> <li>• Playgrounds</li> <li>• Walkability</li> <li>• Zip code / geography</li> </ul>	<ul style="list-style-type: none"> <li>• Literacy</li> <li>• Language</li> <li>• Early childhood education</li> <li>• Vocational training</li> <li>• Higher education</li> </ul>	<ul style="list-style-type: none"> <li>• Hunger</li> <li>• Access to healthy options</li> </ul>	<ul style="list-style-type: none"> <li>• Social integration</li> <li>• Support systems</li> <li>• Community engagement</li> <li>• Discrimination</li> <li>• Stress</li> </ul>	<ul style="list-style-type: none"> <li>• Health coverage</li> <li>• Provider availability</li> <li>• Provider linguistic and cultural competency</li> <li>• Quality of care</li> </ul>

**Health Outcomes**  
 Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

# Questions?

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