Program Requirements

• Complete the sign up form
  • Only requirement for eligibility in accessing special grants
• At least 3 team members and lay led
• Core Training completed by at least 3 team members within two years of sign up
• Annual renewal
Important Upcoming Deadlines

• Workplans
  ◦ Due August 31

• Core Training Schedule for the Fall
  ◦ To be announced within the next 2-3 weeks
  ◦ Virtual only
Expanded Vision for Healthy Congregations
Healthy Congregations Special Opportunities

### Social Determinants of Health

<table>
<thead>
<tr>
<th>Economic Stability</th>
<th>Neighborhood and Physical Environment</th>
<th>Education</th>
<th>Food</th>
<th>Community and Social Context</th>
<th>Health Care System</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Employment</td>
<td>• Housing</td>
<td>• Literacy</td>
<td>• Hunger</td>
<td>• Social integration</td>
<td>• Health coverage</td>
</tr>
<tr>
<td>• Income</td>
<td>• Transportation</td>
<td>• Language</td>
<td>• Access to healthy options</td>
<td>• Provider availability</td>
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<tr>
<td>• Expenses</td>
<td>• Safety</td>
<td>• Early childhood education</td>
<td>• Support systems</td>
<td>• Provider linguistic and cultural competency</td>
<td></td>
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<tr>
<td>• Debt</td>
<td>• Parks</td>
<td>• Vocational training</td>
<td>• Community engagement</td>
<td>• Quality of care</td>
<td></td>
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<tr>
<td>• Medical bills</td>
<td>• Playgrounds</td>
<td>• Higher education</td>
<td>• Discrimination</td>
<td></td>
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<tr>
<td>• Support</td>
<td>• Walkability</td>
<td>• Stress</td>
<td>• Stress</td>
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<td></td>
<td>• Zip code / geography</td>
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</tr>
</tbody>
</table>

- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Health Status
- Functional Limitations

- Big Garden community gardening startup/expansion
- Bike Share in a Box
- Faith in Democracy (Voter Engagement)
- Financial Health Education
- Giving Groves
- Good Neighbor Experiment
- Mental Health First Aid
- Strengthening Families Program
- Summer Food Service Program
Existing Special Grant Opportunities

• Big Gardens (up to $2,700) one time grant
  • Apply as soon possible
• Summer Food Service Program (up to $2,000) one time grant
• Bike Share in a Box Program
  • Coordinated and supported by Thrive Allen County
  • 5 sites
  • up to 5 bikes/ site
  • Application available by request
• Good Neighbor Experiment
  • New cohort began August 2020 (virtual)
Expanded Special Grant Opportunities

• Faith in Democracy
  ◦ Voter to Voter engagement opportunity
  ◦ Supported by a nonpartisan nonprofit dedicated to supporting Kansas Healthy Congregations teams in ensuring their members and those in their communities are able to access the polls

• Mental Health First Aid
  ◦ Regional trainings TBD (dependent on pandemic)
Questions?

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MISSION STATEMENT

Interfaith Housing and Community Services seeks to alleviate poverty and build community through housing assistance, financial education and individual empowerment.
COACHING IS:

- relationship-based
- client directed according to clients’ self-activated goals
- goal-focused
- centered on performance improvement
- rooted in behavior change
COACH MODEL: HELP CLIENTS ACHIEVE SELF-DETERMINED GOALS.

C = Client driven goal setting
O = Ongoing assessment of current situation
A = Action Planning
CH = Checking
CLIENT DRIVEN GOAL SETTING

Questions to ask?
What is your vision?
What do you want to achieve?
Where do you want to be?
What is your financial goal?
ONGOING ASSESSMENT OF CURRENT SITUATION

Questions to ask?
Where are you now?
What have you already done?
What are your strengths?
What’s important to you that will drive your decisions and actions?
Questions to ask?
How will you get from where you are now to where you want to be?
What do you think needs to be changed to reach your goal?
What options are open to you?
What next steps will you commit to take?
CHECKING

Questions to ask?
What will you do by when?
How will you let me know that you’ve done it?
KANSAS IDA PROGRAM

Creating Assets, Savings and Hope envisions Kansas households infused with the following healthy financial habits:

- **Regulate spending** in order to increase household cash flow
- **Manage debt and leverage credit** in order to maintain positive credit profiles
- **Implement intentional savings** in order to gain security and protection for the future
- **Make disciplined decisions** in order to execute financial plans and reach financial goals
KANSAS IDA PROGRAM

Assets:
- Small Business Capitalization
- Post-Secondary Education
- First-Time Home Purchase
- Home Repairs

Eligibility:
- Current resident of Kansas
- Have earned income from employment
- Meet income guidelines and asset limitations
THANK YOU!!

Lacy Stauffacher
lacys@interfaithks.org