

## Health & Healing on going projects and events

Annual Celebration of Soulful Healing

HELP closet ( Health equipment loan project )

Healthy Sunday coffee hour ( 2nd Sunday quarterly)

Jan, April, July, Sept, Dec,

Bathroom door information West women's and family restrooms, mens by library, east large women's both gender neutral, choir restrooms )

Feminine hygiene products in all women's and gender neutral restrooms

Healthy Congregations member ( set yearly goals for Health fund grant July 1 to June 30) Have been a member since 2015

Walking program

Help host if needed and recruit groups to use the church Recovery, Blind group, Blood donation groups Methodist Hospital counselor, AARP tax preparer classes

First Aid kits ( main kitchen, usher closet, church office.

AED's ( usher closet, near east women's restroom, 2nd floor.

Yearly CPR, AED training. (evac chair) focus usher's greeter's, volunteers with children and youth.

Reviewed and updated Emergency preparedness manual

Care Notes

Visitation team

Labyrinth

Sunday morning Forums

Blue Christmas (planned by minister and others, refreshments after by Health and Healing)

