



CALL TO ACTION

EASTER: GOD'S RESILIENT ANSWER TO CYCLICAL TRAUMA

- Listen to *The Neighbor Next Door* podcast episode “Midland, Michigan Interview: Part 1” from January 26, 2021 (<https://www.stitcher.com/show/the-neighbor-next-door/episode/midland-michigan-interview-part-1-81108744>) to hear stories of the positive impacts of neighboring in Midland, Michigan.
- Take a few minutes this week to pray and/or journal around the question: Where am I looking for the living among the dead? Then, consider one way you might start seeking life for yourself and/or your neighbors in the days ahead.
- As you walk or drive through your community this week, ask God to show you places where others are already bringing forth life in situations of suffering and trauma. What are ways you might be able to help this work of life continue?
- If you feel the need to seek further mental health services, you can contact the pastoral staff for recommendations or go to the National Alliance on Mental Illness website (<https://nami.org/>) for recommendations on how to find a therapist, and support group opportunities to aid you in your journey.



CALL TO ACTION

EASTER: GOD'S RESILIENT ANSWER TO CYCLICAL TRAUMA

- Listen to *The Neighbor Next Door* podcast episode “Midland, Michigan Interview: Part 1” from January 26, 2021 (<https://www.stitcher.com/show/the-neighbor-next-door/episode/midland-michigan-interview-part-1-81108744>) to hear stories of the positive impacts of neighboring in Midland, Michigan.
- Take a few minutes this week to pray and/or journal around the question: Where am I looking for the living among the dead? Then, consider one way you might start seeking life for yourself and/or your neighbors in the days ahead.
- As you walk or drive through your community this week, ask God to show you places where others are already bringing forth life in situations of suffering and trauma. What are ways you might be able to help this work of life continue?
- If you feel the need to seek further mental health services, you can contact the pastoral staff for recommendations or go to the National Alliance on Mental Illness website (<https://nami.org/>) for recommendations on how to find a therapist, and support group opportunities to aid you in your journey.