

## THE 2012 JANET SEVIER GILBREATH Special Project Recognition Award

### Family Medicine Residency Program Named Project of the Year

Changing long-established practices and procedures for providing health care is a tall order. Changing medical practice and physician education practice at the same time stretches tall to Kansas basketball-player heights. For the KU School of Medicine—Wichita Smoky Hill Family Medicine Residency program and the Salina Family Healthcare Center, it was a slam dunk.

This joint program of family medicine residency education and community health center, based in Salina, recently received the National Committee on Quality Assurance's highest recognition as a Patient-Centered Medical Home (PCMH). This is the first rural clinic, the first Federally Qualified Health Center, and the first residency program in Kansas to achieve Level III distinction based on the 2011 PCMH Standards.

The award was the culmination of work started with a \$49,500 grant from the United Methodist Health Ministry Fund. Redesigning a Community Health Center and Residency Program medical practice to incorporate the patient-centered medical home concept was proposed by the KU School of Medicine—Wichita in response to a Request for Proposals issued by the Health Ministry Fund in 2008. Grants were offered for innovation in improving access to health care, one of three health issue areas in Kansas on which the Health Ministry Fund focuses grants. The project was designed to improve access to health care by changing clinic practice to be more efficient while offering higher quality care to patients.

With the guidance of TransforMed, a nationally recognized firm with expertise in implementing the elements of medical practice redesign, the way care is delivered at Salina Family Healthcare Center has been

transformed. Electronic health records and health information technology have been integrated into patient care. Innovations improved management of patients with chronic illnesses, added support for patients managing their medical problems, and introduced alternatives to the routine office visit.



*Project representatives discuss the Smoky Hill Family Medicine Residency Program and Salina Family Healthcare Center's transformation into a patient-centered medical home at the 2012 Janet Sevier Gilbreath Special Project Recognition Award ceremony in Hutchinson. L-R: Kim Moore, Health Fund President; Rick Kellerman MD, Chair, Department of Family and Community Medicine, KU School of Medicine—Wichita; Rob Freelove MD, Smoky Hill Family Medicine Residency Program Director & Salina Family Healthcare Center CEO; Alice Brown RN, Nursing Supervisor; and Bob Kraft MD, Associate Program Director/Director of Clinical Quality.*

"Many of the residents are now champions for patient-centered care in their own medical practices and communities."

Dr. Rick Kellerman, Chair of the Department of Family and Community Medicine at the KU School of Medicine in Wichita and director of the project, said the Smoky Hill residency program was receiving kudos from across the country and is often invited to present on the successful implementation of patient-centered medical home concepts.

The project was selected from among more than 140 grant projects in 2012. The award, in honor of the Health Ministry Fund's first chairperson, Rev. Janet Sevier Gilbreath, goes to one project each year which has done the most to advance the Health Ministry Fund's and Janet's vision of Christian health ministry. It specifically recognizes outstanding achievement of goals, operational excellence, and benefits to disadvantaged Kansans.

Dr. Robert Freelove, in his dual role as Program Director for the Smoky Hill Family Medicine Residency Program and CEO of the Salina Family Healthcare Center, said he is particularly proud of improved patient care and patient satisfaction. Another important impact, he added, is on the residents.

## Have you changed your mind about anything important in the last year?

I asked an adult Sunday School class I was leading that question recently and then wondered...is changing your mind considered a good thing in our society? When political leaders are interviewed, they are often asked to explain how what they said in earlier years is consistent with what they are saying today. You will rarely hear one say, "I changed my mind." Rather, there will be a duplicitous differentiation of circumstance, incredible explanation of wording, or even an outright denial that the alleged position was ever taken and certainly was not correctly reported! We read, view and converse in a world of confirmation of our opinions. We rarely check the sources, but frequently rely on voices of confirmed, unchanging ideologues. In a world that seems increasingly susceptible to unexamined, close-minded answers, where do we find the will to change?



After 26 years of working to "advance health, healing, and wholeness throughout Kansas"—the charge of the Kansas West Conference of the United Methodist Church when the Health Ministry Fund was endowed—I've realized we are in the business of changing minds. Philanthropy is often described as trying to make positive changes out of proportion to what we spend for those activities—so a small grant makes a big change happen. (At least, that is our hope.) Change doesn't happen, however, without changed minds.

Our approach is often to provide credible information to support policy and decision-making or to demonstrate something new works or to help practitioners learn and improve. We put short-term dollars (grants) into long-term solutions for the health of Kansans.

Let me give you an example from 2012. The Health Ministry Fund provided the financial support for development of an education program for Kansas hospitals. Called *High 5 for Mom & Baby*, the program encourages hospitals to make maternity care more supportive of breastfeeding.

It has been shown that maternity care in hospitals using the five practices promoted in the High 5 program can improve the success of breastfeeding. The Health Ministry Fund expects to invest about

# UNITED METHODIST 2012

## 2012 Grants

\$2.1 Million to Improve Health in Kansas – Grants Focus on Three Health Issues:

- Access to Health Care
- Healthy Lifestyles for Young Children
- Mental Health for Young Children

### Access to Health Care GRANTS

*Assuring all Kansans access to health care, regardless of income or location*

Final work toward a major rural health system initiative was completed and will produce an invitation to four frontier communities in 2013 for analysis, strategizing and pilot implementation of stronger and more viable health systems.

#### Central Plains Health Care Partnership

Wichita .....\$50,000  
Federal CO-OP loan application to start the Kansas Health Cooperative, a low-cost, consumer-owned insurance option

#### GraceMed Health Clinic

Wichita .....\$151,542  
Expansion of services to include comprehensive prenatal care

#### HMS Associates

Getzville NY .....\$25,119  
Consultation for development of a sustainable frontier health care delivery system pilot

#### Kansas Association for the Medically Underserved

Topeka .....\$5,000  
2012 conference support

#### Kansas Hospital Education & Research Foundation

Topeka .....\$5,000  
Support attendance of private college nursing programs at the 2012 Nursing Summit to assure statewide representation

#### Kansas University Endowment Association

Kansas City .....\$35,000  
Match a national foundation grant to increase the number of nurses in Kansas with higher education degrees

#### Southwestern College

Winfield .....\$12,000  
Develop and implement a graduate certificate program in Rural Health Care Administration

#### TCC Group

Philadelphia PA .....\$84,805  
Provide learning opportunities and technical assistance to Kansas nonprofit organizations to evaluate advocacy

#### Voices for Children Foundation

Topeka .....\$25,000  
Promote enrollment of eligible Kansas children in public health insurance

### Oral Health

Although oral health is no longer a funding focus for grants—after more than 14 years of major funding in this area— key efforts received support in 2012 as continuing health access issues in oral health.

#### DentaQuest Foundation

Boston MA .....\$3,400  
Oral Health Policy Group participation

#### GraceMed Health Clinic

Wichita .....\$7,800  
Provide consultant to recommend partnership options between the clinic and a dental residency program

#### Oral Health Kansas

Topeka .....\$2,500  
2012 conference support

#### Oral Health Kansas

Topeka .....\$50,000  
Education on Wichita community water fluoridation

#### Voices for America's Children

Washington, DC .....\$25,000  
Campaign for Dental Health participation

#### Voices for Children Foundation

Topeka .....\$50,000  
Advocacy for expansion of the Kansas dental workforce to include Dental Therapists

#### Wichitans for Healthy Teeth

Wichita .....\$50,000  
Community water fluoridation support

## Healthy Lifestyles for Young Children GRANTS

*Preventing obesity by creating better environments for young children to choose nutritious foods and be more active*

Two highlights from 2012

- The High 5 for Mom & Baby breastfeeding program, targeting hospitals with five key practices to improve breastfeeding rates, started in October. Already 16 hospitals have received training, technical assistance and lactation education scholarships for staff to embed these proven practices into their birthing units.
- Expanded training and curriculum resources for hundreds of child care providers supported more physical activity and improved nutrition for Kansas children and their families through Child Care Aware of Kansas' Healthy Kansas Kids program.

#### Child Care Aware of Kansas

Salina .....\$300,000  
Expand training and technical assistance to child care providers statewide to improve policies and practices related to children's health and wellness

#### High Five for Mom and Baby

Hutchinson .....\$54,564  
Establish in Kansas hospitals five maternity care practices that support breastfeeding

#### Kansas Department of Health and Environment

Topeka .....\$20,000  
Support expenses and events of the Governor's Council on Fitness to address obesity in Kansas

#### Kansas Breastfeeding Coalition

Manhattan .....\$5,000  
Improve marketing of the Business Case for Breastfeeding in Kansas

#### Voices for Children Foundation

Topeka .....\$188,000  
Establish Fetal and Infant Mortality Review programs in three Kansas counties to reduce infant mortality rates

### Fit for Kansas Kids Initiative

Five of nine communities operating broad-based efforts to improve the physical health of young children— nutrition and physical activity—moved their efforts into sustainable third year programs.

#### Coffeyville Area Community Foundation

Coffeyville .....\$5,840  
Fit for Coffeyville Kids — to engage young children in physical activity and making healthy food choices

#### Douglas County Child Development Association

Lawrence .....\$30,000  
Families, Farmers and Educators United for Healthy Child Development – to make fresh, local produce more accessible and appealing to young children and families through child care programs

## 2012 GRANT FACTS

Total Grants Awarded .....	\$2,157,144
Number of Grants Awarded.....	93
Largest Single Grant .....	\$300,000
Smallest Single Grant.....	\$100
Average Grant Size.....	\$23,351

# HEALTH MINISTRY FUND GRANTS

## Derby Recreation Commission

Derby .....\$30,000  
Derby Health Collaborative – to connect families of young children to physical activity and nutrition opportunities throughout the community

## Greater Wichita YMCA

Wichita .....\$26,606  
Starting Fit with Child Care—to provide assistance for 25 child care programs to adopt policies and practices to prevent early childhood obesity

## Reno County Health Department

Hutchinson .....\$25,553  
Keep Kids Fit—to provide consistent messages throughout the community on healthy physical activity and nutrition for young children, particularly in Head Start and child care programs.

## Mental Health for Young Children GRANTS

*Implementing early screening and early support for the healthy social and emotional development of young children*

### Area Mental Health Center

Garden City .....\$500  
Support consumer representation on a statewide planning committee for children’s mental health

### Fort Hays State University/Docking Institute

Hays .....\$2,925  
Consultation with the Young Children’s Mental Health Learning Community to capture the lessons of ten community-based programs funded by grants

### Kansas Association for Infant & Early Childhood Mental Health

Newton .....\$50,000  
Support the continued availability of the Infant and Mental Health Endorsement program for Kansas mental health and early childhood education professionals

### Kansas East Conference of the United Methodist Church

Topeka .....\$25,000  
Implement an online training and worker registration program for Kansas United Methodist churches to prevent abuse and protect children, youth and vulnerable adults

### Kansas Head Start Association

Topeka .....\$500  
Support young children’s mental health workshops at the 2012 conference

### United Methodist Youthville

Wichita .....\$34,544  
Provide integrated mental and physical health services in cooperation with the Center for Health & Wellness in Wichita

## Young Children’s Healthy Social & Emotional Development Initiative

Five new programs – based in Abilene, Colby, Liberal, Greensburg, and Salina— received funding to implement social and emotional development screening for young children as well as referral and treatment, if needed. These programs join five funded the previous year in Garden City, Hays, Hutchinson, Independence, and Wichita. These systems are screening hundreds of children and implementing programs for referred children and families to receive high quality services.

### Iroquois Center for Human Development

Greensburg .....\$147,000  
Early Children’s Assessment and Treatment Services (ECATS)

### Northwest Kansas Council on Substance Abuse

Colby .....\$36,800  
Collaborative Planning Project

### Quality of Life Coalition

Abilene .....\$161,186  
Dickinson County Social Emotional Education Referral and Screening (SEERS)

### Seward County United Way

Liberal .....\$116,325  
Bright Futures Begin at Home

### Heartland Programs Head Start and Early Head Start

Salina .....\$150,000  
PIECE -Social Emotional Health

## Healthy Congregations

*Providing encouragement and resources for Kansas United Methodist churches to engage in health ministry*

### Healthy Congregations Covenant Program

Fifty-six Kansas United Methodist churches have active health ministry teams providing health opportunities in their congregations and communities. Once a team meets all qualifications, it receives \$1,000 to support its work.

- |                       |                             |
|-----------------------|-----------------------------|
| Agenda                | First, Wamego               |
| Basehor               | First, Winfield             |
| Bethany, Wichita      | Grace, Emporia              |
| Bonner Springs        | Highland Park, Topeka       |
| Chapel Hill, Wichita  | Howard                      |
| College Hill, Wichita | Kechi                       |
| Corbin, Caldwell      | Kirwin                      |
| Dawson, Wichita       | Lenexa                      |
| First, Augusta        | Living Water, Kansas City   |
| First, Beloit         | Louisburg                   |
| First, Concordia      | Mount Hope                  |
| First, Emporia        | Nickerson                   |
| First, Fredonia       | Richter, Pomona             |
| First, Hiawatha       | Saint Mark’s, Overland Park |
| First, Hoisington     | Tecumseh                    |
| First, Hutchinson     | Trinity, Salina             |
| First, Lawrence       | University, Salina          |
| First, Ottawa         |                             |

## Healthy Congregations Covenant— Report Only

Kansas United Methodist churches have an option of reporting on health activities each year without committing to training for a health and wellness team. These churches receive \$100 to support health ministry.

- |                       |                     |
|-----------------------|---------------------|
| Madison Avenue, Derby | Stark               |
| Hepler                | Countryside, Topeka |
| First, Pratt          | Aldersgate, Wichita |
| Randolph              |                     |

## Other Congregational Health Program Support

Clergy Health Initiative .....\$3,908  
Healthy Congregations Program .....\$20,837  
Staff Parish Relations Video .....\$4,038  
Kansas West Annual Conference .....\$3,500

## Other Grants

### Kansas Action for Children

Topeka .....\$50,000  
Support for the State Fiscal Analysis initiative

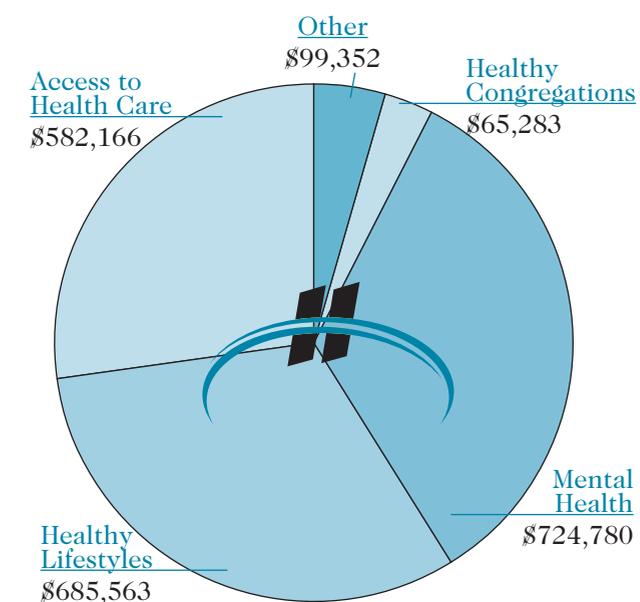
### University of Kansas Center for Research

Lawrence .....\$23,000  
Kansas Public Radio - Kansas Health: A Prescription for Change

## Memberships and Other Programming Expenses

.....\$26,352

## GRANT TOTALS BY FOCUS AREA



**Total 2012 Grants**  
**\$2,157,144**

# United Methodist Health Ministry Fund

## COMBINED STATEMENTS OF ACTIVITIES

	2012 Unaudited	2011 Audited
<b>Support &amp; Revenues</b>		
Contributions/Grants	\$ 0	\$ 0
Investment Income (net of investment expenses)	545,946	960,286
Miscellaneous Income	55,048	47,982
Net Realized Investment Gains (Losses)	5,340,481	492,473
Net Unrealized Investment Gains (Losses)	-459,004	-3,950,034
Total Support and Revenue	5,482,471	-2,449,293
<b>Expenses</b>		
Grants Awarded	2,157,144	2,863,975
Refunds/Adjustments	-71,387	-181,641
Operating and General Expenses	704,727	726,448
Total Expenses	2,790,483	3,408,783
<b>Increase (decrease) in Net Assets</b>	<b>2,691,988</b>	<b>-5,858,076</b>
<b>Net Assets, beginning of year</b>	<b>50,243,011</b>	<b>56,101,087</b>
<b>Net Assets, end of year</b>	<b>52,934,999</b>	<b>50,243,011</b>

## COMBINED STATEMENTS OF FINANCIAL POSITION

<b>Assets</b>		
Cash and Investments	54,313,484	51,915,661
Receivables	57,608	72,689
Other Assets	11,430	1,446
Fixed Assets	687,697	713,038
Total Assets	55,070,219	52,702,834
<b>Liabilities</b>		
Accounts Payable	25,874	21,885
Grants Payable and Other Liabilities	2,109,346	2,437,938
Total Liabilities	2,135,220	2,459,823
<b>Fund Balances</b>	<b>52,934,999</b>	<b>50,243,011</b>
<b>Total Liabilities &amp; Fund Balances</b>	<b>55,070,219</b>	<b>52,702,834</b>

## 2012 BOARD OF TRUSTEES

<b>Paul Moore</b> Chairperson • Wichita / East Heights UMC
<b>Sheila Frahm</b> Vice Chairperson • Colby / Colby UMC
<b>Nancy Mattke</b> Finance Committee Chairperson • Treasurer • Andover/Andover UMC
<b>Lynette Lacy</b> Programming and Evaluation Committee Chairperson • Hutchinson / Trinity UMC
<b>Ted Bannister</b> Investment Committee Chairperson • Bison / Bison UMC
<b>José Olivas</b> Board Development Committee Chairperson • Ulysses / First UMC
<b>Rev. Lance Carrithers</b> Dodge City / First UMC
<b>Rev. Max Clayton</b> Hays / Hays District Superintendent
<b>Debora Cox</b> Salina / Trinity UMC
<b>Garney Hill</b> Wichita / Saint Mark UMC
<b>Bishop Scott Jones</b> Wichita / Kansas Area Episcopal Leader
<b>Lauren Lueck</b> Garden City / First UMC
<b>Stephen Morris</b> Hugoton / Hugoton UMC
<b>Carmen San Martin</b> Salina / Church of the Cross UMC
<b>Sharon Spore-Pepper</b> Wichita / Aldersgate UMC
<b>Rev. Nathan Stanton</b> Wichita / Pleasant Valley UMC
<b>Rev. Morita Truman</b> Hillsboro / Hillsboro UMC

## STAFF

<b>Kim Moore</b> , President
<b>Kristine Dean</b> , Administrative Assistant/Accountant
<b>Virginia Elliott</b> , Vice President for Programs
<b>Jeff Gamber</b> , Technology Manager

### CHANGING YOUR MIND *continued from page 1*

\$150,000 in this program. The result? Higher breastfeeding rates leading to healthier children and mothers and lower health care costs year after year.

In this case, education is changing minds about how to deliver the best maternity care. It is changing long-established procedures and families' expectations to be consistent with what we now know about the health benefits of breastfeeding.

You'll see other grants listed in this publication that were awarded in 2012—totalling \$2.1 million. You'll notice they are focused on three health issues. In 2010, these were selected by the Board as having the most potential for improvement with the grants the Health Ministry Fund has available and will remain our focus through at least 2016.

To make this decision to focus grants on more narrowly defined health issues, the Board had to wrestle with a difficult question: how do we approach health issues holistically without falling into "all things to all people" and effectively address nothing? The Health Ministry Fund has always defined "health" broadly and in 2003 adopted a definition of health from the World Health Organization, slightly amending it by pointing out spiritual as a separate element (versus its intended inclusion in social health).

*Health is a state of complete physical, mental, spiritual and social well-being and not mere absence of disease or infirmity.*

Given this definition, why are we trying to change minds in just three health issue areas? For me, holistic health emphasizes the inter-relatedness and critical contribution of different facets of human well being to the successful life of each and every individual. It does not deny there are facets. Health can be addressed (improved) through strategies addressing one or two facets, even if this will not result in perfection. We are, after all, "only moving on to perfection."

Two guiding principles have helped the Health Ministry Fund focus limited resources while maintaining a holistic understanding of health: 1) work as near as possible to root causes and 2) don't work in isolation.

Regardless of the health issue, we can consistently look for the connections, seek the affiliations, and nurture the collaborations which can more nearly address the totality of the health issues facing our people and our communities. We can find ways to subordinate our self-interest in the comfortable and well-defined nature of our roles and look for the edges where our work can connect with and support the differentiated but critical work of other sectors. However, we should not trade fuzzy thinking or unsupported opinions for real strategies and theories of change even if the expected results are only partially addressing the issues of the human condition. We need to understand that meaningful—although incomplete—progress is often all we can accomplish and is something to celebrate.

The United Methodist Health Ministry Fund celebrates 2012 with you...celebrates the awarding of more than \$60 million dollars in grants in the past 26 years for the health of Kansans and celebrates the Kansas West Conference's health ministry in establishing the United Methodist Health Ministry Fund.

Finally, let us celebrate the open minds that allow change to happen...and the open hearts that have the power to change minds.

Kim Moore, President

*Kim Moore became President of the United Methodist Health Ministry Fund in 1987, shortly after it was established.*



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